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Individual results may vary.

*I have never really considered myself obese* but weight has always been on my mind. Every day I used to wake up thinking 'today will be the day I'll eat right and exercise,' but I never felt like I could meet my weight loss goals despite my desire to make healthy choices. I never felt completely satisfied with my body or my health, even though I thought I was doing everything right.

**Managing my weight became more challenging** after my children were born and I went back to work full time. Making time to go to the gym and planning meals became increasingly difficult, and I noticed that it was taking a toll on my health. Working long hours and commuting took time away from making healthy decisions, and I began to gain more weight than ever before. At work, I was always busy, sometimes even forgetting to eat during the day, but when I left work feeling I'd done a good job, I would treat myself to something at a drive thru, thinking I could make up all the calories I didn't eat earlier. I wanted to change, but it just wasn't happening with everything else going on in my life.

**I tried to take control of my health** by enrolling in a popular diet program and attending group meetings regularly, and while I did shed a few pounds, I gained them right back after stopping the program. After gaining back the weight, I knew I needed to make a change in my life. Every day I woke up lacking energy and wondered why I couldn't lose this weight.

**“ I finally decided it was time to have a conversation with my doctor about my weight. Though I was intimidated to talk to him about such a sensitive topic, I'm so glad I did. ”**

**My doctor suggested several methods for losing weight**, including going to the gym, walking 10,000 steps per day and changing my diet. However, after trying all of these things and still not losing weight, my doctor suggested BELVIQ®. My doctor explained the benefits and risks of BELVIQ and we determined it was an appropriate treatment for me, along with diet and exercise.

## What is BELVIQ®?

BELVIQ is an FDA-approved prescription weight-loss medication that, when used with diet and exercise, can help some adults (body mass index [BMI]  $\geq 27$  kg/m<sup>2</sup>) living with extra weight, with a weight-related medical problem, or adults living with obesity (BMI  $\geq 30$  kg/m<sup>2</sup>), lose weight and keep it off.

It is not known if BELVIQ when taken with other prescription, over-the-counter, or herbal weight-loss products is safe and effective. It is not known if BELVIQ changes your risk of heart problems, stroke, or death due to heart problems or stroke.

## Important Safety Information about BELVIQ®

**Pregnancy:** Do not take BELVIQ if you are pregnant or planning to become pregnant, as weight loss offers no potential benefit during pregnancy and BELVIQ may harm your unborn baby.

See additional information throughout.  
For more information about BELVIQ® see the full Product Information.



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**I was thrilled to finally try something** that had the potential to help me meet my goals. Within the first few weeks, I knew that BELVIQ was working for me. This is the first time in my life where I feel like my weight loss goals are actually attainable. I have gone from weighing 178 pounds to 164 pounds, losing a little over 7 percent of my body weight. I am so happy to see the number on the scale going down. It's amazing how the physical changes have made other aspects of losing weight so much easier. I find myself making healthier choices knowing that each choice is a small step towards my target weight.

**Taking BELVIQ® helps me reduce the size of my portions** and gives me the freedom to make healthy choices. I used to always eat ice cream with my husband because he enjoyed it so much, but now I don't feel like I have to eat it with him, because I do not feel hungry all the time. I have the ability to say "no" to food that I don't want to be eating.

**I am so happy with the weight I have lost** so far. I hope to keep up my progress and I'm excited to be more active in my life this year. My hope is to remain happy and healthy for many years to come.

## Important Safety Information about BELVIQ® (Continued)

**Hypersensitivity:** Do not take BELVIQ if you are allergic to lorcaserin hydrochloride or any of the ingredients in BELVIQ.

**Serotonin Syndrome or Neuroleptic Malignant Syndrome (NMS)-like reactions:** Before using BELVIQ, tell your Healthcare Provider about all the medicines you take, especially medicines that treat depression, migraines, mental problems, or the common cold. These medicines may cause serious or life-threatening side effects if taken with BELVIQ. Call your Healthcare Provider right away if you experience agitation, hallucinations, confusion, or other changes in mental status; coordination problems; uncontrolled muscle spasms; muscle twitching; restlessness; racing or fast heartbeat; high or low blood pressure; sweating; fever; nausea; vomiting; diarrhea; or stiff muscles.

**Valvular heart disease:** Some people taking medicines like BELVIQ have had heart valve problems. Call your Healthcare Provider right away if you experience trouble breathing; swelling of the arms, legs, ankles, or feet; dizziness, fatigue, or weakness that will not go away; or fast or irregular heartbeat. Before taking BELVIQ, tell your Healthcare Provider if you have or have had heart problems.

**Changes in attention or memory:** BELVIQ may slow your thinking. You should not drive a car or operate heavy equipment until you know how BELVIQ affects you.

**Mental problems:** Taking too much BELVIQ may cause hallucinations, a feeling of being high or in a very good mood, or feelings of standing outside your body.

**Depression or thoughts of suicide:** Call your Healthcare Provider right away if you notice any mental changes, especially sudden changes in your mood, behaviors, thoughts, or feelings, or if you have depression or thoughts of suicide.

**Low blood sugar:** Weight loss can cause low blood sugar in people taking medicines for type 2 diabetes, such as insulin or sulfonylureas. Blood sugar levels should be checked before and while taking BELVIQ. Changes to diabetes medication may be needed if low blood sugar develops.

**Painful erections:** If you have an erection lasting more than 4 hours while on BELVIQ, stop taking BELVIQ and call your Healthcare Provider or go to the nearest emergency room right away.

**Slow heartbeat:** BELVIQ may cause your heart to beat slower.

**Decreases in blood cell count:** BELVIQ may cause your red and white blood cell counts to decrease.

**Increase in prolactin:** BELVIQ may increase the amount of a hormone called prolactin. Tell your Healthcare Provider if your breasts begin to make milk or a milky fluid, or if you are a male and your breasts increase in size.

**Most common side effects in patients without diabetes:** Headache, dizziness, fatigue, nausea, dry mouth, and constipation.

See additional information throughout.  
For more information about BELVIQ® see the full Product Information.



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## Important Safety Information about BELVIQ® (Continued)

**Most common side effects in patients with diabetes:** Low blood sugar, headache, back pain, cough, and fatigue.

**Nursing:** BELVIQ should not be taken while breastfeeding.

**Drug interactions:** Before taking BELVIQ, tell your Healthcare Provider if you take medicines for depression, migraines, or other medical conditions, such as: triptans; medicines used to treat mood, anxiety, psychotic or thought disorders, including tricyclics, lithium, selective serotonin reuptake inhibitors, selective serotonin-norepinephrine reuptake inhibitors, monoamine oxidase inhibitors, or antipsychotics; cabergoline; linezolid (an antibiotic); tramadol; dextromethorphan (an over-the-counter (OTC) common cold/cough medicine); OTC supplements such as tryptophan or St. John's Wort; or erectile dysfunction medicines.

BELVIQ is a federally controlled substance (CIV) because it may be abused or lead to drug dependence.

For more information about BELVIQ®, talk to your Healthcare Provider, [click here](#) for the full Product Information or visit [www.BELVIQ.com](http://www.BELVIQ.com).

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Last Updated: December 2016

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